

## ***Treatment for Neonatal Abstinence Syndrome***

**Release Date: April 1, 2018**

**Expiration Date: December 31, 2019**

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**Enduring Material** - The ACCME recognizes this educational activity as an enduring material. The estimated time for completion of this enduring material is 90 minutes. This presentation was released on April 1, 2018. The expiration date of this enduring material is December 31, 2019.

The ANCC recognizes this educational activity as an enduring material. The estimated time for completion of this enduring material is 90 minutes. This presentation was released on April 1, 2018. The expiration date of this enduring material is December 31, 2019.

**Target Audience** - This presentation is intended for physicians, advanced practice providers, and other clinicians who treat neonates.

**Purpose** – There is currently an epidemic of Neonatal Abstinence Syndrome (NAS) and there are no robust data regarding optimal treatment. Clinicians need to understand the data available about best practices for treatment, including following the AAP clinical highlights. Clinicians also need to understand both non-pharmacologic and pharmacologic methods to treat NAS.

**CME- ACGME/ABMS Competencies** addressed in this educational activity include patient care and procedural skills, medical knowledge, practice-based learning and improvement and system-based practice.

**CNE- IOM Competencies** addressed in this educational activity include provide patient-centered care, work in interdisciplinary teams and Employ evidence-based practice.

**Desired Learning Outcome** - Clinicians will implement at least one unit-based change to improve care in the treatment of NAS.

**Disclosures** of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous continuing education activities. All individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Any real or apparent conflicts of interest related to the content of the faculty's presentation have been resolved as have any real or apparent conflicts of interest by the planners as related to the content of this conference. MEDNAX is committed to providing learners with commercially unbiased continuing education activities.

**Faculty, Moderator, Planners and Reviewer** - *Each of the following individuals, who are in a position to control content, has disclosed they have no relevant financial relationships or conflicts of interest.*

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**Financial Relationship:** Chiesi USA - consultant; **FDA Disclosure:** Off-label use of several medications for treatment of NAS including morphine, methadone, clonidine, phenobarbital and buprenorphine will be discussed.

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**Commercial Support** - There is no commercial support for this educational activity.

**Participation and Contact hour(s)** - Participants are expected to review all content in the video, take and score 70% or greater correct on the post test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)<sup>™</sup>* or *nursing contact hour(s)*.

References are provided for additional self-directed learning.

There are no fees for participating in or receiving credit for this online educational activity. For information on applicability and acceptance of credit for this activity, please consult your professional licensing board.

**Contact** - Should you have any questions or concerns, please contact us at [continuing\\_education@mednax.com](mailto:continuing_education@mednax.com)